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WEEK



Definition: having a feeling of sadness



Anisah felt a little melancholy.

#### **SYNONYMS**

(an alternate word with a similar meaning)

sad sorrowful mournful

#### **ANTONYMS**

(opposite meaning)

happy cheerful joyful

### **WORD PAIRS**

melancholy thoughts

melancholy smile

melancholy song

melancholy voice

# **BONES**



Your bones form a framework for your body called a skeleton. If you did not have a skeleton your body would flop all over the place. Bones also protect your internal organs (such as your heart) and work with muscles to make you move.

## **FAST FACTS**



There are 206 bones in the human body.



Compared to a steel bar of the same weight, bone is six times stronger.



You need calcium in your diet to make your bones hard.



You have the same number of neck bones as a giraffe: seven.



More then a quarter of your bones are in your hands.



About eighty bones make up the human skull, backbone and ribs.



The thigh bone (femur) is the longest bone in your body. It is about a quarter of your height.

## **AUTHOR OF THE MONTH**

















