

Newsletter

Winter edition

Issue 2



PRESTON MUSLIM GIRLS

HIGH SCHOOL

Education with Patience Modesty Gratitude Humility Sincerity

GCSE Awards Ceremony 'An Evening to Remember'

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Other Information...

The doors at The Imperial Banqueting, Preston were opened wide for pupils, staff, parents and governors, as our former Year 11s came together one last time to celebrate their achievements. At this glittering event, Year 11s were awarded certificates and prizes for their outstanding achievements and they also received their much-awaited GCSE Certificates, hoodies and gifts from the school.

This was a truly amazing event that celebrated the achievements of our pupils and gave us a brief moment to reflect with parents, pupils, governors and staff on what makes PMGHS such a special place to come to. Everybody knows that we ask a lot of our staff and pupils, and it is true, but the rewards are also high, as we saw on Friday night.



Parents and guests were moved by the nasheeds and speeches delivered by our pupils. Our guest speaker Tahreem Haq, a former Head Girl at the school, delivered a speech that wove together recollections of her time at PMGHS, the growth of her own spirituality and an inspiring call to our pupils to be outstanding students, outstanding Muslimahs and embodiment of the values that PMGHS has instilled within them. She certainly gave our girls a lot to think about.!

The evening concluded with words of wisdom from the Headteacher.

A huge well done to all our pupils! We wish you the very best in the future. Our prayers and best wishes are with you. We wish you great success and happiness in your endeavours. May the Almighty shower you with his blessings, now and in the future.

Thank you to all of the staff at the Imperial for their outstanding service.



Headteacher's Welcome

Well ... what a busy term we have had! This newsletter marks the end of the longest term of the school year, and once again we have been incredibly busy, both in and out of the classroom.

There have been many highlights this term, too many to mention individually. This newsletter captures just some of them for you, with many visitors coming into school and many opportunities for pupils to go on trips out.

This has been a term of charity fundraising, from cake sales, to ticket sales for 'I'm a Teacher Get Me Out of Here!' Pupils have been raising money this term to support the work of St Catherine's Hospice. Every form group prepared a hamper for those who have need of the services of the hospice. It was a touching moment for our girls to be invited into the hospice to see the good work that they do there.



We like to keep our pupils abreast of what is happening in the country. In November we commemorated those affected by war on Remembrance Day, whilst more recently we have been having our own general election. In PSHE and through other activities all of our pupils were made aware of what the election was all about, and what the different political parties stood for. On general election day all pupils cast their vote in a secret ballot. The results were displayed on the screens in the reception the next day, alongside the national results. Our results may not have matched the rest of the country but what I did see were pupils who were engaged in the issues and understood the importance of what was now happening in the wider country. Pupils truly came to understand the Fundamental British Values of democracy and tolerance for the view of others. Well done to them all!

I hope that you will all have a restful holiday time. May the blessings of the Almighty be showered upon you and your family.

Mufti Javid



And the winner is ...

The PMGHS General Election 2019

Election fever has gripped the nation and PMGHS!

For the last few weeks it has been the only subject of conversation and there has been little else on social media and the news channels. The whole country recognised that this

election could be one of the most important elections of a lifetime. PMGHS pupils have been fully involved in the issues around the general election and have had an opportunity, through their PSHE lessons, to discuss those issues and to share their own views and opinions.

Thursday, December 12th was the day of the general election. At school all pupils and staff took part in a secret ballot. Pupils cast their vote for whichever political party most closely represented their own views, not for any individual MP. All votes were counted in secrecy and the results announced the next day, alongside the national results. Pupils flocked around the screens in reception to see who had won.

The outcome of the PMGHS General Election did not match the national outcome. Pupils were amazed. Some were disappointed by the outcome and some tried to understand why the country had voted the way that it had. In the end it was a very practical lesson learned about democracy; an understanding that not everyone lives the same life as you or shares the same views as you. Above all, it was a lesson in Fundamental British Values of tolerance and an appreciation of diversity. Well done to everyone for such a thoughtful and well-run campaign.



 PRESTON MUSLIM GIRLS HIGH SCHOOL		
Put an 'X' in ONE BOX ONLY <small>Any other marks will mean your ballot paper is spoilt and your vote will not count</small>		
BREXIT		
CONSERVATIVES		
GREEN PARTY		
LABOUR PARTY		
LIBERAL DEMOCRATS		



A heartfelt JazakAllah to all the teachers and pupils who have put remarkable effort into creating eason's greeting hampers for St Catherine's Hospice. They looked absolutely beautiful! Each hamper was made with so much love and sincerity that only the Almighty can reward you fully.

Letter from St Catherine's Hospice:

Hi Mrs Ahmed,

First of all, can I thank you on behalf of everyone at St Catherine's Hospice, for the kindness and generosity that Preston Muslim Girl's School has shown. We were all blown away this morning by what the students have achieved. Please pass on our sincere thanks to all who helped put the hampers together...I am sure their families also had a big hand in what was donated, so please pass on our thanks to them as well.

I hope you all enjoyed the tour. It was a pleasure to take you all round and what a pleasant and well-mannered bunch of students.

With thanks

Norman

St Catherine's Hospice

Pupils visited St Catherine's Hospice where they had a wonderful experience and were delighted to be given a tour by the friendly staff and presentations delivered by the nurses and fundraising team. Pupils were moved by the tremendous work the hospice carries out and many are considering completing their work experience there.

Heartfelt thank you message from Barbara Hodgson from St Catherine's Hospice:

"I can't put into words just how much your gift hamper meant to me. I cried so much at the thought, effort and love that had been put into making the hamper. To have such wonderful girls is a credit to your school".



Spirituality

We shall not forget.

*"When you go home tell them of us
and say for your tomorrow we gave
our today"*

In Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

- Lieutenant Colonel John McCrae

Pupils and staff came together to honour our war heroes and to commemorate the agreement to end fighting during the First World War in 1918. A fantastic assembly was led by Mr. Foster for the pupils and staff to highlight the significance of this day and to mark this special occasion and to remember the fallen.

Sunnah Fast Programme 'Fasting encourages self-discipline and empathy for those who are impoverished' As part of the development of pupils' spirituality, the school launched the 'Monday and Thursday Fast Programme'. The Sunnah (practice) has been revived in our school and will run from November till the end of January. The Prophet (pbuh) encouraged his followers to fast on these days. Aa'ishah (may the Almighty be pleased with her) narrated: The Prophet (pbuh) was keen to fast on Mondays and Thursdays. (Tirmidhi, Nasaa'i, Ibn Maajah). Sahl ibn Sa'd reported that the Prophet peace be upon him, said: "There is a gate to Paradise that is called Ar-Rayyaan. On the Day of resurrection, it will say: 'where are those who fasted?' When the last one has passed through, the gate will be locked." (Al-Bukhaari and Muslim). A presentation was shared with pupils during form time to promote the Sunnah Fast Programme and the many benefits of fasting. We hope and pray that these small actions nurture and develop our pupils and we pray that all their efforts are accepted.

The Prayer Room is set up for the winter months where the girls come and pray their salaah and recite Quran or Durood, whilst others are carrying out the Sunnah fast.

Seerah Enrichment Day

A play about the life of the beloved Prophet Muhammad (pbuh) was narrated by staff and performed by pupils and staff on our Seerah Enrichment day.



Pupils completed related tasks such as creating poetry and studying the '99 names of the beloved Prophet Muhammad (pbuh)'.

LOVE FOR THE PROPHET 00000

His name was Muhammad
So caring and kind
He was the guidance for us mankind

He went through lots of difficulties
and lots of pain
And yet he still did not complain.

Whilst going through torture he had
great patience. To us he taught to
show perseverance.

To A-h he would cry and to A-h he
would pray. That his beloved Ummah
would not go astray.

He cared for the needy he cared
for the poor. Now great love to him
is what we need to show.

By: Zahraa Saaved.



The National Deaf Children's Society Roadshow

We were delighted to welcome the team from the NDCS to the school. They parked their distinctive pink NDCS Roadshow bus in the carpark and spent the day with us. The National Deaf Children's Society is a British charity dedicated to providing support, information and advice for deaf children and young people, their families and professionals working with them. They have been working with schools and young people across the country since 1944.

Luke and Gemma from NDCS delivered a fascinating assembly to the pupils and staff at the school. This was an engaging and thought-provoking exploration of the issues that face deaf people in our society and the issues that face deaf children in school. They succeeded in raising the awareness of everybody in the hall. Through greater understanding comes greater acceptance and tolerance, which is what we strive to achieve as a school and as a society.

Then those pupils who have a hearing impairment took part in a range of sessions in the Roadshow Bus where they learnt all about themselves as deaf children and explored their deaf identities.

They were able to have first-hand experience of some of the technologies that are available to help them, such as Streamers which connect with their hearing aids and allow them to listen to nasheeds and music. They saw technology that may help them in the home, such as the flashing doorbell which alerts a deaf person when there is someone at the door.

It was wonderful to see how this charity raises awareness for all and helps deaf children accept their own deafness but not let it be a barrier to being happy and successful at school.

Many thanks to Mrs Bangee for organising the visit and to Ms Etherington for working with the pupils and professionals in the Roadshow Bus throughout the day.



University of Liverpool Campus Visit

Year 11's had the opportunity to visit the campus at the University of Liverpool and to enjoy a taste of university life. Jonny Atkinson, Student Recruitment Officer, delivered a welcome presentation and provided the pupils with information, advice and guidance on higher education.



We enjoyed a tour of the campus led by the Student Ambassadors who gave us an insight into what it is really like to attend university. We were able to view the facilities and accommodation.

The day ended with a workshop and Q&A session led by the Student Ambassadors. Our pupils enjoyed learning about societies and clubs at the university.

They provide opportunities to meet with people with similar interests. The pupils had great fun creating their own societies and coming up with fantastic ideas for new societies.

Well done to the pupils who created the Passage to India Society which received the most votes!





National Citizenship Service

The NCS team delivered an informative assembly about the NCS scheme to our Year 11 pupils. The National Citizenship Service (NCS) is a government run scheme for 15 – 17 Year olds, designed to build skills and confidence and to improve their life chances. NCS with Inspira attended the school to offer pupils a chance to sign up with NCS to experience the summer of a lifetime!

National Citizen Service is a 4 Phase programme during the summer of Year 11. On NCS, your daughter will develop the skills that employers increasingly value: confidence, leadership and independence. NCS is a great addition to your teenager's CV. In fact, almost three quarters (72%) of NCS graduates feel more confident about getting a job after doing NCS. All NCS graduates receive an NCS certificate signed by the Prime Minister, new friends, experiences and memories that will last a lifetime.

BE EPIC – Your daughter will be taken to an outdoor activity centre for 5 days and 4 nights to take part in adrenaline fuelled activities. All food (all dietary requirements catered for including halal or vegetarian), transport, accommodation and activities are provided in this phase. This will be a great chance for your young person to relax and have fun after their exam period and bond with new teammates.

LIVE LIFE – Your daughter will get the chance to live independently in UCLAN University Halls of Residence for a further 5 days and 4 nights and get a taste of University life, taking part in various workshops to enhance their skills, getting ready for work and life. All food, transport, accommodation and activities are provided in this phase.

DO GOOD – Your daughter will get the chance to plan, design and deliver a social action project of their choice and work alongside a charity they care about to raise money or awareness, making a difference in their local community. Last year in Lancashire, our NCS teams raised over £19,000 for local charities and organisations.

NCS is amazing value for money – the whole experience will cost you just £50. Why? Because the programme is backed by the government, which invests more than £1,500 per place. We strongly believe that no one should ever be prevented from taking part in NCS for financial reasons, which is why financial assistance is available.

HOWEVER, UNTIL THE 31st DECEMBER IT IS JUST £30!

Places on the 2020 Summer programme are now live. Booking early also means that you have a choice of six start dates to choose from, allowing you to work around any existing holidays, plans or commitments.

If your daughter wishes to be on a team with her friends, then early booking is also advised.

This year we will be running an 'Female Only' programme – please be aware this is always our most popular programme and sells out every year. Final details of this are currently be confirmed, but if this is something your daughter wishes to take part in further information will follow.

Book by 31/12 and go for £30

SIGN UP NOW:

BBC Bitesize

We were delighted to welcome the BBC Bitesize Careers Tour into school! Industry experts presented a series of talks to all pupils about career opportunities in the creative industries. A great day that inspired our pupils to consider careers in film, television and digital media.



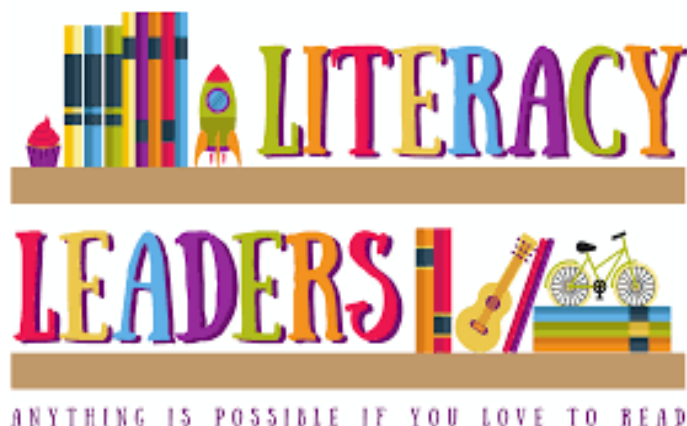
Mental Health and Islam

Our Year 10 pupils delivered an assembly to the whole school on the importance of good mental health and emotional wellbeing. The Qur'aan can be used as a guide for those suffering from emotional distress.

"There is no disease that Allah has created, except that He also has created its treatment" (Bukhari)



Mental Health



Once you learn to read, you will be forever free'

We have now appointed our Year 9 Literacy Leaders after reviewing applications and shortlisting for interviews. Well done to all the girls that participated and congratulations to the following appointed literacy leaders:

- Fatima Mamoon,
- Maariah khan
- Amina khan
- Musqaan Farooq
- Fatima Munshi.

'Shaping the future of Literacy across the curriculum'

THE BRIGHT IDEAS CHALLENGE

'Inspiring our young learners to become the Engineers and Scientists of tomorrow'

We have given the opportunity to our Year 9 computer science class to put their creativity, problem solving and STEM skills to the test. They could win individual student prizes and up to £5,000 to super-size STEM teaching at our school. Not only this, but they'll also get a funded VIP STEM experience.

The Bright Ideas Challenge is a competition organised by Shell International Limited asking participants to find creative solutions to the energy challenges faced by cities of the future. Through the Bright Ideas Challenge we hope to inspire young people about the positive role science, technology, engineering and maths (STEM) skills can play in society, and to encourage them to become the engineers and scientists of tomorrow. We wish pupils across all schools participating in the bright ideas challenge the very best.



Next Half Term

06 Jan 2020	Inset day 4
07 Jan 2020	School Re-opens
08 Jan 2020	Year 11 Mocks begin Creative iMedia Exam
09 Jan 2020	Year 9 Parent's evening
13 Jan 2020	Year 9 Booster vaccinations
21 Jan 2020	Year 10 Work Experience Parent workshop
23 Jan 2020	Year 8 STEM - Energiser workshop
31 Jan 2020	Year 10 Science Live Trip — Manchester
04 Feb 2020	Enrichment Day—Wellbeing
06 Feb 2020	Year 11 Parents evening including NCS stand Year 9 & 10 UKMT Intermediate challenge
11 Feb 2020	Year 10 Duke Of Edinburgh training day 2
13 Feb 2020	New Head Girl campaign assembly Parent Forum
17-21 Feb 2020	Half Term

Parents' Evenings

Parents' evenings are important events and offer you the opportunity to discuss your daughter's progress.

All Parents' evenings take place in the Mill Building from 4.00pm – 7.00pm on the following dates:

Year 7	04 Mar 2020
Year 8	31 Mar 2020
Year 9	09 Jan 2020
Year 10	20 Apr 2020
Year 11	06 Feb 2020

All appointments are booked through ParentMail. A letter will go out to you nearer the time of your Parents Evening which will explain how to book appointments. Each Parents Evening slot lasts for 5 minutes and gives enough time for teachers to update parents about classwork and homework and the progress that their daughter is making. If there is need for a longer discussion then the class teacher will arrange to phone you on the Friday afternoon that follows your Parents Evening.

We would encourage all parents to attend their daughter's Parents Evening. You may not need to speak to all of your daughter's teachers, but it is an important opportunity for you to hear how your daughter is doing and what you can do to continue to support her.

Medical/Dental Appointments

Please try and avoid arranging medical/dental appointments during school hours. If necessary, please ensure your child attends school first and then leaves for the appointment. This will have reduce the impact on your child's attendance. Evidence of the appointment will be required when you come to pick up your daughter.

Forgotten Equipment

A number of parents are being inconvenienced by having to come in to school to drop things off for their daughter's. Please remind your daughter to bring in the equipment she needs for that day to avoid this happening.

TIP : Pack your bags the night before!